

LAURA SOBLE MA, MFT, REAT, CST-T, JUNGIAN ANALYST

Diplomate Analyst, C.G. Jung Institute of San Francisco (IAAP)

Licensed Marriage and Family Therapist (MFC 31926)

Registered Expressive Arts Therapist (IEATA)

Certified Sandplay Therapist/Teacher (STA/ISST)

PROFESSIONAL EXPERIENCE

Private Psychotherapy Practice, Berkeley, Oakland, San Anselmo, CA 11/95 to present

Adjunct Faculty John F. Kennedy University, Berkeley, CA
Counseling Psychology/Depth Psychology M.A. 2017-2019

School Psychotherapist Raskob Day School, Oakland, CA 9/08 to 6/13

Expressive Arts Director
Trails to Success, Equine Therapy Program, Orinda, CA 7/06 to 7/08;7/11

Expressive Arts Director
Camp New Hope, Program for Bipolar Youth, Livermore, CA June 2006/07

Adjunct Faculty California Institute of Integral Studies, San Francisco, CA 8/00-8/04
Expressive Arts Therapy M.A. Program

Clinician Jewish Family and Child Services, Berkeley, CA 9/98-4/00

Project Coordinator Nico-Teen Freedom Program, Oakland, CA 6/97-6/98
Thunder Road Adolescent Drug & Alcohol Treatment Center

Consultant
No. California Kaiser Permanente Educational Theatre Programs 6/96-4/97

Therapist MFT Intern
New Health Dimensions, Walnut Creek, CA 12/92 – 5/94

Psychotherapist/MFT Intern/ Drama & Art Therapist
Westside Adolescent Day Treatment Service, San Francisco, CA 9/90 – 10/92

PROFESSIONAL PRESENTATIONS

TEACHING: Sandplay/Jungian Concepts/Expressive Arts

Connecting the Axis Mundi through Sound, Song & Sandplay

International Society for Sandplay Therapy/ISST Congress: When East Meets West: Past, Present and Future, (March 2023), Jerusalem, Israel

Complexes & Shadow C.G. Jung Institute of Los Angeles, Jungian Sandplay Training Program (February 2023):

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Identity, Diversity and Initiation: Adolescent and Early Adulthood Themes in an Adult Analysis C.G. Jung Institute of San Francisco, Analytical Training Program, (February 2023)

Reverie and Renewal in the Temenos of Sandplay

Sandplay Therapists of America National Conference (June 2022), Redondo Beach, CA.
Plenary speaker with Ellen Searle LeBel, MFT, BC-DMT, CST-T

Symbolic Approaches to Working with Adolescents (Zoom webinar)
ISST Developing Group: **China** (November 2021)

Final Sandplay Case Writing Seminar

Sandplay Therapists of America co-taught with Jill Kaplan, MFT, CST-T (July-Sept.2021)

Fundamentals of Sandplay Therapy and Trauma.

New Morning Youth & Family Services, Placerville, CA. (August 2019)

Story Tales in Sandplay

Northern California Regional Sandplay Society with David Capitolo, MFT, CST-T (September 2017)

Jungian Foundations of Sandplay Therapy

STANZA-Sandplay Therapy Association of Australia and New Zealand, Sydney, Australia (June 23-25, 2017)

Sandplay Therapy: Working Symbolically in the Sand

Beyond Counseling, Mesa, Arizona (April 2017)

The Imaginal, the Arts, and Working with Adolescents The Psychotherapy Institute-Berkeley (March 2017)

Sandplay Fundamentals

Bay Area Community Resources, San Rafael, CA (March 2017)

Psyche, Spirit and Shadow in Sandplay Therapy

Northern California Regional Sandplay Society (February 2017)

Relational Interplay and Individuation in Sandplay Therapy

C.G. Jung Institute, Los Angeles- Jungian Sandplay Series (November 2016)

Fundamentals of Sandplay Therapy with Children and Adolescents

Beyond Counseling, Mesa, Arizona (October 2016)

Complex Issues in Sandplay Therapy

Sandplay Therapy Institute, Dallas, Texas co-taught with Lauren Cunningham, MSW, JA, CST-T (September 2016)

Sandplay Fundamentals

John F. Kennedy University, Depth Psychology Program, Berkeley, CA (2016)

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Daniel at the Crossroads: A young boy's journey invites a new way of looking at sandplay process

International Society for Sandplay Therapy (ISST), 23rd Annual Congress, **Ottawa, Canada**
(August 2015)

Integrating the Arts in Psychotherapy Notre Dame de Namur University, Counseling
Psychology Program, Belmont, CA (2015)

Sandplay with Children Sandplay Training Worldwide/Linda Cunningham PhD (2014, 2015,
2016, 2017)

Fundamentals of Sandplay Therapy

Edgewood Center for Children and Families (San Francisco and San Carlos (2015)

Complex Issues in Sandplay Therapy

Northern California Regional Sandplay Society co-taught with Lauren Cunningham, JA, CST-T.
(2014)

Body, Psyche & Symbol in Sandplay

Minnesota Sandplay Training Group, St. Paul, Minnesota co-taught with Ellen Searle Lebel,
MFT, CST (2014)

Fundamentals of Sandplay Therapy

Seeds of Awareness, Intern Training Group, Oakland, CA (2014, 2015, 2016)

Case Presentation

CEPEI, Center of Evolutionary Intersubjective Psychology, Milan, Italy (2013)

Fundamentals of Sandplay Therapy Seminar

West Coast Children's Center (2012, 2013)

Sandplay & Aesthetic Response

Sandplay Therapists of America, Member Meeting, Albuquerque, NM (2012)

Integration, Reflection & Return

Sandplay Therapists of America, National Conference, Berkeley (2012)

Sound, Voice & Song in Sandplay

Sandplay Therapy Institute, Minnesota (2011)

Fundamentals of Sandplay Therapy I, II

Northern California Regional Sandplay Society co-taught with Tessamarie Capitolo, MFT, CST-T
(2011, 2012)

Introduction to Sandplay; Sandplay & Symbol

Fred Finch Youth Center (2010, 2011, 2012)

Case Presentation: Asthma & Acting Out

Sandplay Therapists of America, National Conference, Boulder, Colorado (2010)

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Case Presentation

Sandplay Therapists of America, Member Meeting, Menlo Park, CA: (2009)

Presenter

California Institute of Integral Studies, Inaugural Expressive Arts Therapy Symposium (2008)

EDITORIAL WORK

Associate Editor: *Jung Journal: Culture & Psyche* 2015 to present

Co-Editor: *At the Institute Annual Report*, C.G. Jung Institute, S.F. 2021 to present

Assistant to the Editor: *Journal of Sandplay Therapy*, current

Co-Editor: *Newsletter of the International Expressive Arts Therapy Association*. 2000-2002

PUBLICATIONS

[Holding a Symbolic Attitude during the Pandemic](#) (AISPT) Italian Association for Sandplay Therapy, Newsletter Volume 6, November 2022

[The Meaning and Importance of a Father's Blessing to Transform the Space Between Us](#): STA Fall Workshop October, 2021. *Journal of Sandplay Therapy*, Vol. 30, Number 2, 2021

[Notes from ISST 25th Congress: Dreaming with the Hands](#). *Journal of Sandplay Therapy, on-line, 2019*: <https://www.sandplay.org/journal/reflections/notes-from-isst-25th-congress-dreaming-with-the-hands/>

Reflections from Art and Psyche: The Illuminated Imagination. *Jung Journal: Culture & Psyche*. Vol 13(3), 2019

An Artist Decodes the I Ching: Hexagrams in Living Color, A Conversation with Barry Fishman. *Jung Journal: Culture & Psyche*. Vol 11(1), 2017.

[Finding the Stillpoint at the Crossroads: The 23rd ISST Congress](#), 2015. *Journal of Sandplay Therapy on-line*, 2016

[Reflections from Seattle: Transmissions and Transcendence](#). *Journal of Sandplay Therapy on-line*, 2014

[Reflections from Venice: The Mask: The Play of Hiding or Revealing in a Changing World](#). *Journal of Sandplay Therapy on-line*, 2013. Co-authored with Ellen Searle LeBel

Asthma and Acting out: Clearing Passages Using Sandplay Therapy. *Journal of Sandplay Therapy*. Vol. 21 (1); 2012

[Origins, Evolution, Essentials: The ISST Congress, Ittingen, Switzerland, August 25-29, 2011](#); *Journal of Sandplay Therapy on-line*, 2011-12

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[Sandplay in Switzerland, Einsiedeln, August 2011](#); Journal of Sandplay Therapy on-line,

Caterina and The Howling Wolf: The Cry for Connection. Journal of Sandplay Therapy. Vol 20 (1); 2011

[Spanning the Great Divide: STA National Conference, Boulder 2010](#). Journal of Sandplay Therapy. Volume 19 (2). 2010.

Chapter: *Prevention Interventions: Art and Drama Therapy in Three Settings. Healing the Inner City Child. Creative Arts Therapies with At-Risk Youth*. Jessica Kingsley Publishers. 2007. Co-authored with Janet K. Long.

Beit Ha-Mikdash. (The Temple) Journal of Sandplay Therapy. Volume 14 (2). 2005.

Report: An Arts-Based Violence Prevention Project for Sixth Grade Students. The Arts in Psychotherapy Journal, Vol. 26, (5), pp. 329-344, 1999. Co-authored with Janet K. Long.

Video: *Speaking a Language of Peace*. Documentary about an arts-based violence prevention project. Produced by Healthy Start and Kaiser Permanente Foundation grants. Filmed in Oakland, CA with sixth grade students.

EDUCATION/PROFESSIONAL CREDENTIALS

- Diplomate Jungian Analyst, International Association for Analytical Psychology (IAAP)
- Analytical Training Program, C.G. Jung Institute of San Francisco 2012 to 2021
- Infant, Child & Adolescent Analytical Training Program, CGJISF 2021 to present
- Certified Teaching Member, Sandplay Therapists of America/
International Society for Sandplay Therapy 2010
- Registered Expressive Arts Therapist
International Expressive Arts Therapy Association/REAT 1997
- Licensed Marriage and Family Therapist, CA MFT (#MFC31926) 1994
- M.A., *Clinical Psychology, Expressive Arts Therapy Specialization*
John F. Kennedy University, Orinda, CA 1991
- B.A., *Dramatic Art, Directing and Theatre for Young Audiences*
University of California, Santa Barbara, CA 1982

REFERENCES

References are available and will be provided upon request.

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